



Date: Sunday morning, 20th August 2017

Sermon Title: Life Apps - Encouragement

Preached by: Jeremy Rensford

Big Idea/Sermon focus:

- The Christian has all the instruction and the tools needs to be a great communicator.
- We can especially learn godly communication through the Scriptures and Jesus Christ's excellent example.

Key Scripture/s:

(to study at small groups – these are not actually mentioned in sermon)

- **1 Peter 3:8-12**

Summary / Things to note:

- **The Heart is the key to truly communicating well**
- **Go through the practicals of communication as per notes that (hopefully) were taken during the sermon by group participants.**

Questions for Small Group Discussion:

Bible Study & Discussion - 1 Peter 3:8-12

- 1) Read the passage together
- 2) Ask: *“What sorts of situations did the recipients of Peter’s letter seem to be finding themselves in?”* (See Chapter 2:18-25, 3:1 & 3:14)
- 3) Ask *“If we do what is asked in Verse 8 – how will that help us be godly communicators”?*
- 4) Ask *“What sort of communication is Peter asking of us in Verse 9 & 10?”*

- 5) Ask "According to Verse 11 what behaviour helps us in being a healthy communicator? Why, do you think?"
- 6) Ask "According to Verse 12 what does God say are the two possible results for us in this area of life?"

Personal Challenge & Questions:

- 1) How would you consider your communication skills overall (perhaps ask what *others* would say about your communication skills! Keep this one brief as more discussion will ensure later)?
- 2) What stood out to you from Sunday's sermon by Jeremy and why?
- 3) How is it with your heart? Is it affecting your ability to communicate with anybody?
- 4) What's it like for you with the following communication skills?
 - Being a good listener
 - Body language / Non-verbal communication
 - Staying calm rather than getting emotional during conflict
 - Thinking before you speak
 - Being "warm" towards people.
- 5) Have you chosen or had to correct or rebuke someone recently? How did it go? If you had your time again what would you do differently?